

QA Level 3 Award in First Aid at Work (RQF)

2 Day Requalifying Course

All workplace first aiders must complete requalification training every 3 years in order to continue carrying out their role.

As a regulated and nationally recognized qualification the Level 3 Award in First Aid at Work (RQF) Requalifying Course is specifically designed to allow first aiders to renew their first aid at work qualification when their certificate is due to expire.

This qualification is valid for a period of 3 years. Candidates will need to retake the qualification before the certificate expiry date to remain qualified.

Expired FAW Certificates:

Candidates should be aware that there is an increased risk of failing to achieve the required standard if previous certification has expired by a considerable period (HSE defines this as in excess of 1 month). If this is the case, the HSE recommends that the person complete a full 3 day course.

Entry requirements:

In order to complete this qualification candidates must:

- Be a minimum of 14 years of age
- There are no other formal entry requirements but to benefit from the learning we advise that candidates have a minimum of Level 1 in literacy or numeracy or equivalent
- Candidates must have previously completed a First Aid at Work course and be able to produce their certificate as evidence.

Delivery & assessment methods:

The QA Level 3 Award in First Aid at Work (RQF) Requalifying Course is delivered over a 2 day classroom based programme incorporating practical exercises.

Assessment is an ongoing process throughout the course by using questions and answer sessions, 6 practical assessments and two multi choice question papers.

Course content:

Candidates will have the opportunity to practice essential first aid procedures, as well as learn the latest techniques for dealing with emergency situations and managing injuries and illness in the workplace.

Units covered:

During the course candidates will cover the following topics:

Day 1:

Role and responsibility of the first aider, incident and casualty assessment, primary assessment, CPR and AED, unconscious casualty breathing normally, recovery position, management of seizure, choking casualty, control of bleeding, shock, minor injuries, eye injuries, chest injuries, burns and scalds.

Day 1 is assessed by 4 practical assessments and a multi choice question paper.

Day 2:

Poisons, asthma, anaphylaxis, angina and heart attack, stroke, fractures, dislocations, sprains and strains, spinal injuries, head injuries, secondary survey, epilepsy, diabetes

Unit 2 is assessed by 2 practical assessments and a multi choice question paper.

Course location, timings and cost:

Derby or Clients Site

Time: 0830 - 1630 hours

Cost: £ 100.00 + VAT (£120) per delegate